ATTACHMENT VITAMINS: INTERACTIVE COURSE ON EARLY CHILDHOOD ATTACHMENT, STRESS AND TRAUMA

The Attachment Vitamins online course is an interactive course for those adults who often find themselves in the company of children age 0 to 5 and their families, including professionals such as early childhood educators, child care providers, public health workers, and case managers. Attachment Vitamins provides a clear overview of early social-emotional development with insights and suggestions to support healthy child-caregiver relationships. For more information and to register visit the link below.

https://learn.nctsn.org/course/search.php?search=attachment+vitamins

“Everyone is a genius. But if you judge a fish by its ability to climb a tree, it will live its whole life believing it is stupid.” -Albert Einstein

CHILD WELFARE VIRTUAL EXPO

On Thursday, September 24, the 2020 CWVE will bring together child welfare leaders and other child welfare professionals from federal, state, tribal, and local organizations across the country. Attendees will have opportunities to engage in online activities and virtual discussions, hear from national experts, and work on building skills related to strengthening families, creating prevention-focused child welfare systems, and supporting implementation of the Family First Prevention Services Act.

https://capacity.childwelfare.gov/virtualexpo/

For the latest info on resources go to: https://www.ok.gov/odmhsas.org find the box labeled COVID-19 info
In the midst of the Covid-19 pandemic, we are continuing to rely on each other to help our families feel supported. With that said; as we continue pulling together, we invite everyone interested to participate in the scheduled weekly support calls below to ensure that we continue to educate ourselves for the overall benefit of the families we serve.

**Behavioral Health Aide: (weekly) Monday at 11am**

Zoom meeting ID: **806-328-977**

This weekly support call consists of training of techniques, strategies and resources Behavioral Health Aides can employ to provide trauma sensitive interventions to and with children and youth in educational, home and community settings. Special attention given to considerations to barriers to engagement and work practice due to COVID-19. These calls provide information and resources across the developmental span of early childhood through teens and young adults. In addition, these calls will provide training and access to training with particular focus on resources needed related to cultural and developmental considerations.

**Family Support Providers: (every) Tuesday at 10am**

Zoom meeting ID: **392-979-560**

This call is meant to be a conversation for Family Support Providers to share challenges and successes during this time of social distancing. Providers can hear from other providers on skills and stories that have helped them cope and be successful during this time. Resources will also be shared. The call will be facilitated by Gerri Mullendore, the Coordinator of Family Involvement for Oklahoma Systems of Care.

**Care Coordinator: (every) Tuesday at 1pm**

Zoom meeting ID: **194-885-980**

This call is meant to be a conversation for Care Coordinators to share challenges and successes during this time of social distancing. Providers can hear from other providers on skills and stories that have helped them cope and be successful during this time. Resources will also be shared. The call will be facilitated by Elisa Thompson, Jordan Langford or Nancy Falcon, all of whom serve as State Coaches/Trainers for Oklahoma Systems of Care.

**Youth and Young Adult Support Calls for Providers: (every other,) Thursday at 2pm**

Zoom meeting ID: **289-583-378**

This call is meant to be a conversation for youth/young adult providers to share challenges and successes during this time of social distancing. Providers can hear from other providers on skills and stories that have helped them cope and be successful during this time. Resources will also be shared. The call will be facilitated by Christine Cao and Clifford Sipes both work at the Oklahoma Department of Mental Health and Substance Abuse Services as Youth Coordinator and Youth Specialist. If availability permits there may be youth/young adults who will join on the call to share their experiences and input.

**Youth & Young Adult Support Calls: (every) Friday at 1pm**

Zoom meeting ID: **237-508-199**

This is a weekly support call. It is meant to be a conversation for youth to share challenges and successes during social distancing. Youth can hear from other youth on how they have been coping during this pandemic and other stressful times. Resources will also be shared. The call is not meant to replace therapy though it can be therapeutic. Youth are invited to attend and invited to just sit and listen. The call will be facilitated by Christine Cao, Clifford Sipes, and youth from the Youth State Advisory.

**Caregiver Support Calls: (every) Friday at 10:00am & Saturday at 9:00am**

Zoom Meeting ID: **913-2866-5197**

Password: hope

Call in only: +1 346 248 7799

This is for caregivers across Oklahoma, this call is to provide peer to peer support during this time of changes and social distancing.